



SINGLE PARENT GROUP WINTER 2010

Sponsored By
North End Community Ministry

Group Leader—Nancy Trew, MSW, ACSW—Life Guidance Services

Who: Anyone interested in learning more about single parent issues

What: This six-part series covers a wide range of single parent issues

- February 17 Role of the single parent
- February 24 Effective communication skills
- March 3 Effective parenting skills & childhood development
- March 10 How to balance parental nurturing & the nurturing of the children (Emotion Management)
- March 17 Achieving harmony between custodial & non-custodial parents & between children & significant others (i.e. father's girlfriend, mother's boyfriend, etc.). The impact of change.
- March 24 Managing & coping with financial stress

When: Wednesday's from 6:30—8:30 PM on the above dates

Where: North End Community Ministry, 214 Spencer, NE, Grand Rapids (Corner of Plainfield Avenue and Spencer)

How: If you wish to attend, simply complete the form below & send with your \$10.00 non-refundable registration fee by February 12th, to North End Community Ministry, 214 Spencer, NE, Grand Rapids, MI 49505. Questions: Call Laura Castle at 454-1097.

Fees: There is a \$10.00 non-refundable registration fee.

NOTE: IN ORDER FOR CLASS TO START ON FEBRUARY 17TH WE MUST HAVE SEVEN (7) PARTICIPANTS REGISTERED NO LATER THAN FEBRUARY 12TH!!! AND THERE IS A CLASS LIMIT OF 12 PEOPLE!!!

I plan to attend the Single Parent Group which begins Wednesday, February 17, 2010.

NOTE: You must attend the first class to be enrolled in group and attend balance of classes!

Please Print:

Name: _____ Phone _____
 Address _____ City _____ Zip _____
 Signature _____