

KENT REGIONAL 4C CACFP

PLEASE SHARE THIS WITH THE PARENTS IN YOUR CARE!



If you are pregnant or have recently delivered a new baby, you may qualify for a **Very Special Program.**

WIC (Women, Infants and Children) is a health & nutrition program for pregnant, breastfeeding, and postpartum women (up to 6 months), infants, and children up to five years old. WIC provides nutritious foods to help your body restore the nutrition it may have lost during pregnancy, and nutrition for your children to help them grow up strong and healthy.

If you would like more information about the WIC program, you will find the contact information of several WIC offices on the back of this page. If you are unsure which office is closest to you or your area is not listed call 1-800-26-BIRTH (1-800-262-4784). By giving them your zip code they will direct you to the WIC office near you.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Local WIC Offices

Kent County Health Department
700 Fuller Ave NE
Grand Rapids, MI 49503
(616) 632-7200
1-888-515-1300
www.accesskent.com

Newaygo County Health Department
1049 E. Newell St
PO Box 850
White Cloud, MI 49349
(231) 689-7327
www.dhd10.org

Ionia County Health Department
175 E. Adams St
Ionia, MI 48846
(616) 527-5337
www.ioniacounty.org

Wexford County Health Department
521 Cobbs St
Cadillac, MI 49601
(231) 876-3804
www.dhd10.org

Mid-Michigan District Health Department
151 Commerce Dr
Ithaca, MI 48847
(989) 875-3681 Ext. 1014 (WIC)
www.mmdhd.org

Kalamazoo County Health & Community Services
Nazareth Campus
3299 Gull Road
Kalamazoo, MI 49048
(269) 373-5002
www.kalcounty.com

Muskegon County Health Department
209 E. Apple Ave, Bldg. D
Muskegon, MI 49442
(231) 724-1281
www.muskegonhealth.net

InterCare Community Health Network
5498 109th Ave
Pullman, MI 49450
(269) 236-5292
www.intercare.org

Mecosta County WIC
14485 Northland Dr
Big Rapids, MI 49307
(231) 592-9440
www.dhd10.org

Central Michigan District Health Department
4329 220th Ave
Reed City, MI 49677
(231) 832-5532 Ext. 15
www.cmdhd.org

Central Michigan District Health Department
2012 E. Preston
Mt. Pleasant, MI 48858
(989) 773-5921 Ext. 15
www.cmdhd.org

InterCare Community Health Network
285 James St
Holland, MI 49424
(616) 399-0200
www.intercare.org

Ingham County Health Department
5303 S Cedar St
Lansing, MI 48911
(517) 887-4326
www.ingham.org

Barry/Eaton District Health Department
1033 Health Care Dr
Charlotte, MI 48813
(517) 541-2630
www.barryeatonhealth.org

For Lake, Mason and Oceana call (231) 876-3804

Income Guidelines (Income before any deductions) Effective March 25, 2011

Size of Economic Unit	Hourly	Weekly	Monthly	Yearly
1	\$9.67	\$388	\$1,679	\$20,147
2	13.10	524	2,268	27,214
3	16.48	660	2,857	34,281
4	19.87	796	3,446	41,348
5	23.27	932	4,035	48,415
6	26.67	1,067	4,624	55,482
7	30.07	1,203	5,213	62,549
8	33.46	1,339	5,802	69,616
For each additional Economic Unit member add:				
	\$3.39	\$136	\$589	\$7,067

A pregnant woman is counted as one (1) + the number of infants expected when determining income eligibility for the total economic unit.