



Parenting For Fun

March is parenting Awareness month. There are so many things that pull into parenting; the YMCA of Greater Grand Rapids wanted to help you with FREE informational seminars and fun family events in the Southeast area.

The Smart way to Save for College

Learn about 529 savings plans from financial planners in our community

Date/Time: March 6th 9:15-10:15 am

Location: Southeast YMCA, 730 Forest Hill Ave., Grand Rapids, MI 49546

Free child care for members, non-members \$2, for details call 616 940-4049

Yogalates for two

Bring your baby for this new exercise program, open to ages 3 months and up. This class is taught by a nationally certified pre-postnatal exercise specialist.

Date/Time: March 13 from 9:15 – 10:15 am

Location: Southeast YMCA, 730 Forest Hill Ave, Grand Rapids, MI 49546

Free child care for members non-members \$2 (children toddlers and up will play in Kid Zone during class) for details call 616-940-4049

Play with your food

Learn how to make healthy foods FUN with Aly Hehemann of the YMCA Community Outreach Program, “Nutrition in Action”. Discover new exciting strategies to combat picky eating issues at meal times. Watch as your child demonstrates their abilities to make their own snack! Please bring your preschool aged or older children.

Date/Time: March 18th 6-7p

Location: Cherry Creek Elementary, Lowell YMCA , 12675 Foreman St. Lowell 49331

For details call 616-940-4049

Literacy Family Fun Night

Date/Time: March 25th 6-7:30

Location: Caledonia Child Development Center, 9751 Duncan Lake, Caledonia 49316

This family event is filled with story time classic activities! For details call 616 891-6223

Literacy Fun!

Amanda Fitch, Early Childhood Educator, will share tips and techniques to share the joy of reading with your children. Free child care for members, non-members \$2 for details call 616-940-4049

Date/Time: March 29th 6-7pm

Location: Forest Hill Bible Church, 4637 Ada Dr, Ada 49301

Amanda Fitch, Early Childhood Educator, will share tips and techniques to share the joy of reading with your children. Free child care for members, non-members \$2 for details call 616-940-4049