

Kent Regional 4C Child and Adult Care Food Program

233 E. Fulton Street, Suite 107
Grand Rapids, Michigan 49503-3262
616-451-8281 or 1-800-448-6995
www.4Cchildcare.org

IF CORRECT

- ALL MIXED DISHES ARE HOMEMADE
- ALL 3b ITEMS ARE SERVED ON THE SIDE
- ALL JUICE SERVED IS 100%
- CLAIMING INFANT(S) UNDER ONE YEAR
- ALL INFANT FORMULA & CEREAL IS IRON FORTIFIED. TYPES OF INFANT CEREAL SERVED _____

Menus must be in our office on or before the 5th of each month.

I certify that the information submitted is accurate in all respects; that it is given in connection with the receipt of federal funds and that deliberate misrepresentation may result in state or federal prosecution.

PROVIDER SIGNATURE

Claim Month: _____ Year: _____

PRINT NAME

ADDRESS

CITY & ZIP

CHILD CARE LICENSE NUMBER

() _____
TELEPHONE NUMBER

ASSISTANT CAREGIVER'S SIGNATURE

FOR OFFICE USE ONLY		
# of Kids Claimed	_____	
# of Days Claimed	_____	
	Tier 1	Tier 2
Breakfast	_____	_____
Lunch	_____	_____
Supper	_____	_____
Snacks	_____	_____
Code(s)	_____	
Initials	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Requirements for children one year and older

BREAKFAST - ALL ITEMS

- 1) Juice or Fruit or Vegetable
- 2) Cereal or Bread or Pasta or Rice (enriched or whole grain)
- 3) Fluid Milk

LUNCH/SUPPER - ALL ITEMS

- 1) Protein: Meat or Poultry or Fish or Egg or Peanut Butter or Cheese or Yogurt
- 2) Cereal or Bread or Pasta or Rice (enriched or whole grain)
- 3) (a) and (b) Vegetables and/or Fruits: 2 Fruits or 2 Vegetables or 1 Fruit and 1 Vegetable
- 4) Fluid Milk

PRE-PRINTED MENU #6

NOTES:

SNACKS - INCLUDE 2 OF THESE 4 FOOD GROUPS

- 1) Fluid Milk*
- 2) Juice* or Vegetable or Fruit
- 3) Bread or Cereal or Pasta or Rice (enriched or whole grain)
- 4) Protein (See Lunch and Supper)

* Juice may not be served if milk is the only other food.

TIME SERVED

DAY	DATE	TIME SERVED					
		BREAKFAST	A.M. SNACK	LUNCH	AFTERNOON SNACK	SUPPER	EVENING SNACK
		1. Pears 2. Poptarts 3. Milk	1. Cottage Cheese 2. Peaches	1. Lunchmeat 2. Crackers 3. a. Apples b. Carrot Sticks 4. Milk	*Gone Fishing 1. Pretzels Fish Crackers 2. Peanut Butter	1. Ham & Cheese 2. Bread 3. a. Canteloupe b. Tomatoes 4. Milk	1. Cereal Bars 2. Milk
		1. Juice 2. Cereal 3. Milk	1. Fruit 2. Milk	1. Pep. & Cheese 2. Bagels 3. a. Tomato Sauce b. Fruit Cocktail 4. Milk	1. Granola Bars 2. Milk	1. Eggs 2. Toast 3. a. Honeydew b. Hashbrowns 4. Milk	1. Graham Crackers 2. Milk
		1. Juice 2. Toast 3. Milk	1. Cereal 2. Milk	1. *Tuna Salad Cones 2. Macaroni 3. a. Peas b. Apricots 4. Milk	1. Bagels 2. Milk	1. Hotdogs 2. Mac. & Cheese 3. a. Green Beans b. Nectarines 4. Milk	1. Salsa 2. Tortilla Chips
		1. Grapes 2. Pancakes 3. Milk	1. Yogurt 2. Strawberries (side)	1. Ground Beef 2. Spaghetti 3. a. Tomato Sauce b. Lettuce Salad 4. Milk	1. Cookies 2. Milk	1. Hamburgers 2. Buns 3. a. French Fries b. Pears 4. Milk	1. Cereal 2. Milk
		1. Applesauce 2. Bagels 3. Milk	1. Pretzels 2. Cheese	1. Eggs 2. Toast 3. a. Hashbrowns b. Peaches 4. Milk	*Ants on a Log 1. Raisins, Celery 2. Peanut Butter	1. Meat & Cheese 2. Sub Buns 3. a. Lettuce/Tomatoes (side) b. Pickles 4. Milk	1. Cupcakes 2. Milk
		1. Raisins 2. Oatmeal 3. Milk	1. Cottage Cheese 2. Grapes	1. BBQ Beef 2. Buns 3. a. Potato Salad b. Cucumbers 4. Milk	1. Poptarts 2. Milk	1. Grilled Cheese 2. Bread 3. a. Tomato Soup b. Watermelon 4. Milk	1. Cheese 2. Crackers
		1. Applesauce 2. Pancakes 3. Milk	1. Peanut Butter 2. Celery	1. Corndogs 2. (Breading) 3. a. French Fries b. Carrot Sticks 4. Milk	1. Muffins 2. Milk	1. Pep. & Cheese 2. Bagels 3. a. Tomato Sauce b. Grapes 4. Milk	1. Cookies 2. Milk

Please list children in same order on all pages										FOR OFFICE USE ONLY	
CHILD'S FIRST/LAST NAME										Tier 1	Tier 2
										B _____	B _____
									L _____	L _____	
									SU _____	SU _____	
									SN _____	SN _____	
	Breakfast										
	Lunch										
	Supper										
	AM										
	Afternoon										
	EVE										
	Breakfast										
	Lunch										
	Supper										
	AM										
	Afternoon										
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	Supper										
	AM										
	Afternoon										
	EVE										
	Breakfast										
	Lunch										
	Supper										
	AM										
	Afternoon										
	EVE										

*Denotes that optional recipes are available at www.4cchildcare.org

REMINDER: Parent note must be submitted if claiming a holiday.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, age, sex, and disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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Kent Regional 4C CACFP

I certify that the information submitted is accurate in all respects; that it is given in connection with the receipt of federal funds and that deliberate misrepresentation may result in state or federal prosecution.

PRINT NAME _____

Claim Month: _____ Year: _____

_____ CHILD CARE LICENSE NUMBER _____

PROVIDER SIGNATURE _____

PRE-PRINTED MENU #6

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BREAKFAST - ALL ITEMS

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SNACKS - INCLUDE 2 OF THESE 4 FOOD GROUPS

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		TIME SERVED						Please list children in same order on all pages										FOR OFFICE USE ONLY					
D A Y	D A T E	BREAKFAST	A.M. SNACK	LUNCH	AFTERNOON SNACK	SUPPER	EVENING SNACK	CHILD'S FIRST/LAST NAME														Tier 1	Tier 2
																						B _____	B _____
																						L _____	L _____
																						SU _____	SU _____
																						SN _____	SN _____
		1. Juice 2. Donuts 3. Milk	1. Peanut Butter 2. Toast	1. Ham & Cheese 2. Tortilla Wrap 3. a. Carrot Sticks b. Bananas 4. Milk	1. Graham Crackers 2. Milk	1. Ground Beef 2. Spaghetti 3. a. Tomato Sauce b. Lettuce Salad 4. Milk	1. Peanut Butter 2. Apple Slices	Breakfast															
		1. Juice 2. Cereal 3. Milk	1. Granola Bars 2. Milk	1. Hotdogs 2. Buns 3. a. Baked Beans b. Melon 4. Milk	1. Pretzels 2. Milk	1. Chicken Nuggets 2. Macaroni Salad 3. a. French Fries b. Fruit Cocktail 4. Milk	1. Cheese 2. Crackers	Breakfast															
		1. Peaches 2. Waffles 3. Milk	1. Yogurt 2. Strawberries (side)	1. String Cheese 2. PBJ Sandwich 3. a. Grapes b. Bananas 4. Milk	1. Cereal 2. Milk	1. Grilled Cheese 2. Bread 3. a. Tomato Soup b. Fruit Cocktail 4. Milk	1. Muffins 2. Milk	Breakfast															
		1. Juice 2. Cereal 3. Milk	1. Peanut Butter 2. Celery	1. Extra Cheese 2. Pizza Crust 3. a. Tomato Sauce b. Strawberries 4. Milk	1. Lunch Meat 2. Crackers	1. Fish Sticks 2. Rice 3. a. Corn on the Cob b. Peaches 4. Milk	1. Tortilla Chips 2. Salsa	Breakfast															
		1. Applesauce 2. Waffles 3. Milk	1. Cereal Bars 2. Milk	1. Chicken Nuggets 2. Macaroni Salad 3. a. French Fries b. Fruit Cocktail 4. Milk	1. Cheese 2. Crackers	1. Hamburgs 2. Buns 3. a. Raisins b. Pears 4. Milk	1. Poptarts 2. Milk	Breakfast															
		1. Bananas 2. Toast 3. Milk	1. Juice 2. Crackers	1. Grilled Cheese 2. Bread 3. a. Tomato Soup b. Fruit Cocktail 4. Milk	1. Cereal Bars 2. Milk	1. Hotdogs 2. Buns 3. a. Strawberries b. Carrot Sticks 4. Milk	1. Cheese and 2. Pretzels	Breakfast															
		1. Raisins 2. Oatmeal 3. Milk	1. Fruit Cocktail 2. Milk	1. Fish Sticks 2. Crackers 3. a. Corn on the Cob b. Peaches 4. Milk	1. Tortillas 2. Cheese	1. BBQ Beef 2. Buns 3. a. Tomato Sauce b. Raspberries 4. Milk	1. Poptarts 2. Milk	Breakfast															
		1. Peaches 2. Bagels 3. Milk	1. Yogurt 2. Bananas (side)	1. Bologna 2. Crackers 3. a. Raisins b. Pears 4. Milk	1. Cereal 2. Milk	1. Comdogs 2. (Breeding) 3. a. French Fries b. Carrot Sticks 4. Milk	1. Muffins 2. Milk	Breakfast															

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