

Kent Regional 4C CACFP

I certify that the information submitted is accurate in all respects; that it is given in connection with the receipt of federal funds and that deliberate misrepresentation may result in state or federal prosecution.

PRINT NAME _____

Claim Month: _____ Year: _____

CHILD CARE LICENSE NUMBER _____

PROVIDER SIGNATURE _____

PRE-PRINTED MENU #1

PAGE _____ OF _____

TIME SERVED

DAY	DATE	BREAKFAST	A.M. SNACK	LUNCH	AFTERNOON SNACK	SUPPER	EVENING SNACK
		1. Applesauce 2. Pancakes 3. Milk	1. Granola Bars 2. Milk	1. Pep. & Cheese 2. English Muffins 3. a. Tomato Sauce b. Oranges 4. Milk	1. Crackers 2. Milk	1. Ham 2. Mac. & Cheese 3. a. Green Beans b. Fruit Cocktail 4. Milk	1. Cookies 2. Milk
		1. Oranges 2. Toast 3. Milk	1. Cookies 2. Milk	1. Yogurt 2. PBJ Sandwich 3. a. Carrot Sticks b. Fruit Cocktail 4. Milk	1. Tortilla Chips 2. Cheese	1. Ground Beef 2. Spaghetti 3. a. Tomato Sauce b. Bananas 4. Milk	1. Muffins 2. Juice
		1. Apples 2. English Muffins 3. Milk	1. Cottage Cheese 2. Pineapple	1. Chicken Nuggets 2. Crackers 3. a. Corn b. Pears 4. Milk	1. Apples 2. Peanut Butter	1. Tuna Casserole 2. Noodles 3. a. Peas b. Peaches 4. Milk	1. Pretzels 2. Cheese
		1. Raisins 2. Oatmeal 3. Milk	1. Peanut Butter 2. Toast	1. Hotdogs 2. Buns 3. a. Green Beans b. Tangerines 4. Milk	*Southwestern Snowflakes 1. Tortillas 2. Milk	1. Tacos - Ground Beef 2. Tortillas 3. a. Lettuce/Tomatoes b. Pineapple 4. Milk	1. Yogurt 2. Crackers
		1. Pears 2. Cereal 3. Milk	1. Muffins 2. Milk	1. Eggs 2. Toast 3. a. Orange Juice b. Raisins 4. Milk	1. Cheese 2. Crackers	1. Smoked Sausage 2. Crescent Rolls 3. a. Carrots b. Applesauce 4. Milk	1. Fruit 2. Crackers
		1. Tangerines 2. Pancakes 3. Milk	1. Cheese 2. Crackers	1. Extra Cheese 2. Mac. & Cheese 3. a. Carrots b. Fruit Cocktail 4. Milk	1. Cookies 2. Milk	1. *TatorTot Cass./Beef 2. Roll 3. a. TaterTots/Gr. Beans b. Pears 4. Milk	1. Cereal Bars 2. Milk
		1. Juice 2. Toast 3. Milk	1. Granola Bars 2. Milk	1. Corndogs 2. (Breading) 3. a. Corn b. Oranges 4. Milk	1. Muffins 2. Juice	1. Hamburgers 2. Buns 3. a. French Fries b. Tangerines 4. Milk	1. Cookies 2. Milk
		1. Oranges 2. Cereal 3. Milk	1. Yogurt 2. Bananas (side)	1. Tuna Casserole 2. Noodles 3. a. Peas b. Peaches 4. Milk	1. *Veggie Roll-ups 2. Milk	1. Beef Chili 2. Crackers 3. a. Tomato Sauce b. Grapes 4. Milk	1. Pretzels 2. Cheese

Requirements for children one year and older

BREAKFAST - ALL ITEMS

- 1) Juice or Fruit or Vegetable
- 2) Cereal or Bread or Pasta or Rice (enriched or whole grain)
- 3) Fluid Milk

LUNCH/SUPPER - ALL ITEMS

- 1) Protein: Meat or Poultry or Fish or Egg or Peanut Butter or Cheese or Yogurt
- 2) Cereal or Bread or Pasta or Rice (enriched or whole grain)
- 3) (a) and (b) Vegetables and/or Fruits: 2 Fruits or 2 Vegetables or 1 Fruit and 1 Vegetable
- 4) Fluid Milk

SNACKS - INCLUDE 2 OF THESE 4 FOOD GROUPS

- 1) Fluid Milk*
- 2) Juice* or Vegetable or Fruit
- 3) Bread or Cereal or Pasta or Rice (enriched or whole grain)
- 4) Protein (See Lunch and Supper)

* Juice may not be served if milk is the only other food.

CHILD'S FIRST/LAST NAME	Please list children in same order on all pages										FOR OFFICE USE ONLY	
											Tier 1	Tier 2
											B _____	B _____
Breakfast												
Lunch												
Supper												
AM												
Afternoon												
EVE												
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Afternoon												
EVE												

YELLOW - PROVIDER COPY

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*Denotes that optional recipes are available at www.4cchildcare.org

