

FOODS WHICH DO NOT CONTRIBUTE TO THE CHILD AND ADULT CARE FOOD PROGRAM MEAL/SNACK REQUIREMENTS

The Child and Adult Care Food Program helps provide nutritious meals and snacks to children. It also provides children the opportunity to develop good food attitudes and desirable eating habits.

The foods listed below DO NOT CONTRIBUTE to the Child and Adult Care Food Program meal pattern requirements. The foods are listed in alphabetical order. The list is NOT all inclusive of non-creditable foods.

Baco-bits	Fruit leather (commercial)	Pie crust, dessert at lunch & supper
Bacon (except turkey and Canadian Bacon)	Fruit rollups/snacks	Pigs feet
Banana chips	Fruit spreads	Popcorn
BBQ sauce	Fudgsicles	Popcorn cakes
Candy	Gatorade	Popsicles
Caramel corn	Gelatin	Pop Tart filling
Carob	Goat milk	Pork skins
Certified raw milk	Half & Half	Potato chips
Cheese, imitation or product	Ham hocks	Pringles
Cheese powder in boxed macaroni & cheese	Hawaiian Punch	Pudding (except bread or rice)
Chestnuts	Hi-C	Pudding pops
Chili sauce	Home-canned foods	Punch (not 100%)
Chitterlings	Honey	Salad dressing
Chocolate bars	Hot chocolate (unless made with milk)	Seafood, imitation
Chocolate covered raisins	Ice cream and frozen yogurt	Sherbet
Chocolate drink	Iced or hot tea	Shoe string potatoes
Coconut	Imitation milk	Sizzlelean
Cracker Jacks	Jam, jelly, preserves	Soft drinks
Cranberry juice cocktail	Jell-O (unless made with 100% juice or fruit)	Sour cream
Cream	Ketchup	Soy milk
Cream cheese	Kool-Aid	Syrup
Cream soups (See Food Reminders)	Lemonade	Tang
Cream sauces	Marshmallows	Tofu
Custard	Molasses	Turkey knuckles
Dairy substitutes	Neck bones	Vitamite
Dairy whip	Nectar	Non-USDA Certified wild game, and non-commercial fish
Egg substitutes	Neufchatel cheese	Yogos
Evaporated milk	Non-fat dry milk	Yogurt-covered raisins
Fiddle Faddle	Nut or seed meal/flour	
Five Alive	Oxtails	
Frosting	Pickle relish	
Fruit drinks		

Most commercially prepared main dish products such as Ravioli, Beefaroni, meat potpies, frozen dinners, pizza, macaroni and cheese, etc., do not meet the meat/meat alternate requirements. There is no way to determine the amount of cooked, lean meat/meat alternate in commercially prepared entrees. These products may contribute toward the grains/breads requirement if the label states the product is made with enriched or whole grain flour, and the required portion size can be determined.

Commercially prepared main dish products that have a Child Nutrition (CN) Label may contribute to the protein requirement of the meal pattern. The Child Nutrition Labeling Program is operated by the United States Department of Agriculture. CN products are usually available from food wholesalers and are not found in local grocery stores.

FOODS WHICH DO NOT CONTRIBUTE TO THE CHILD AND ADULT CARE FOOD PROGRAM INFANT MEAL/SNACK REQUIREMENTS

The foods listed below **DO NOT CONTRIBUTE** to the Child and Adult Care Food Program infant meal pattern requirements. The foods are listed in alphabetical order. The list is **NOT** all inclusive of non-creditable infant foods.

Adult cereal

Any baby food combination dinners (For example: Chicken Vegetable, Chicken and Rice, Beef Noodle)

Breaded fish products

Cookies

Egg whites

Honey (including honey graham crackers)

Hot dogs

Infant cereal mixed with fruit (commercial)

Infant desserts (For example: Blueberry Buckle, Hawaiian Delight, Dutch Apple, Fruit Medley)

Jarred “wet” infant cereals

Meat sticks

Nuts

Peanut butter (and all other nut butters)

Sausage links

Seeds

YoBaby

Yogurt

Breast milk is creditable as a substitute for cow’s milk. Iron fortified infant formula is only creditable until one year of age.

*** Use of a product name is not an endorsement but is used for clarity in this handout.**

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