

FOODS WHICH DO NOT CONTRIBUTE TO THE CHILD AND ADULT CARE FOOD PROGRAM MEAL/SNACK REQUIREMENTS

The Child and Adult Care Food Program helps provide nutritious meals and snacks to children. It also provides children the opportunity to develop good food attitudes and desirable eating habits.

The foods listed below DO NOT CONTRIBUTE to the Child and Adult Care Food Program meal pattern requirements. The foods are listed in alphabetical order. The list is NOT all inclusive of non-creditable foods.

Baco-bits	Fruit rollups/snacks	Pie crust, dessert at lunch & supper
Bacon (except turkey and Canadian Bacon)	Fruit spreads	Pigs feet
Banana chips	Fudgsicles	Popcorn
BBQ sauce	Gatorade	Popcorn cakes
Candy	Gelatin	Popsicles
Caramel corn	Goat milk	Pop Tart filling
Carob	Half & Half	Pork skins
Certified raw milk	Ham hocks	Potato chips
Cheese, imitation or product	Hawaiian Punch	Pringles
Cheese powder in boxed macaroni & cheese	Hi-C	Pudding (except bread or rice)
Chestnuts	Home-canned foods	Pudding pops
Chili sauce	Honey	Punch (not 100%)
Chitterlings	Hot chocolate (unless made with milk)	Salad dressing
Chocolate bars	Ice cream and frozen yogurt	Seafood, imitation
Chocolate covered raisins	Iced or hot tea	Sherbet
Chocolate drink	Imitation milk	Shoe string potatoes
Coconut	Jam, jelly, preserves	Sizzlelean
Cracker Jacks	Jell-O (unless made with 100% juice or fruit)	Soft drinks
Cranberry juice cocktail	Ketchup	Sour cream
Cream	Kool-Aid	Soy milk
Cream cheese	Lemonade	Syrup
Cream soups (See Food Reminders)	Marshmallows	Tang
Cream sauces	Molasses	Tofu
Custard	Neck bones	Turkey knuckles
Dairy substitutes	Nectar	Veggie Straws/Chips
Dairy whip	Neufchatel cheese	Vitamite
Egg substitutes	Non-fat dry milk	Yogos
Evaporated milk	Non-commercial fish	Yogurt-covered raisins
Fiddle Faddle	Non-USDA Certified wild game	
Five Alive	Nut or seed meal/flour	
Frosting	Oxtails	
Fruit drinks	Pickle relish	
Fruit leather (commercial)		

Most commercially prepared main dish products such as Ravioli, Beefaroni, meat potpies, frozen dinners, pizza, macaroni and cheese, etc., do not meet the meat/meat alternate or vegetable requirements. There is no way to determine the amount of cooked, lean meat/meat alternate or vegetables in commercially prepared entrees. These products may contribute toward the grains/breads requirement if the label states the product is made with enriched or whole grain flour, and the required portion size can be determined.

Commercially prepared main dish products that have a Child Nutrition (CN) Label may contribute to the meal pattern. The Child Nutrition Labeling Program is operated by the United States Department of Agriculture. CN products are usually available from food wholesalers and are not found in local grocery stores.

FOODS WHICH DO NOT CONTRIBUTE TO THE CHILD AND ADULT CARE FOOD PROGRAM INFANT MEAL/SNACK REQUIREMENTS

The foods listed below DO NOT CONTRIBUTE to the Child and Adult Care Food Program infant meal pattern requirements. The foods are listed in alphabetical order. The list is NOT all inclusive of non-creditable infant foods.

Adult cereal

Any baby food or Junior combination dinners (For example: Chicken Vegetable, Chicken and Rice, Beef Noodle)

Breaded fish products

Cookies

Egg whites

Honey (including honey graham crackers)

Hot dogs

Infant cereal mixed with fruit (commercial)

Infant desserts (For example: Blueberry Buckle, Hawaiian Delight, Dutch Apple, Fruit Medley)

Jarred "wet" infant cereals

Meat sticks

Nuts

Peanut butter (and all other nut butters)

Sausage links

Seeds

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Yogurt

Breast milk is creditable as a substitute for cow's milk. Iron fortified infant formula is only creditable until one year of age.

*** Use of a product name is not an endorsement but is used for clarity in this handout.**

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