

## Activities

### Food

- \* "James and the Giant Peach (and Apple) Smoothie"
  - \* Need:
    - \* 2 – 8 oz. cartons of lowfat peach yogurt
    - \* 1 – 6 oz. can frozen apple juice concentrate
    - \* ½ tsp almond extract (optional)
    - \* 4 ice cubes
  - \* Directions:
    - \* add each of the ingredients in the order listed to a blender
    - \* blend until smooth and creamy
    - \* pour into glasses and serve
  - \* Makes 4 – 6 oz. servings

### Food

- \* Painted Bread
  - \* using a muffin tin, mix water or milk with food coloring in each cup to make a variety of colors
  - \* use new paint brushes and let the children paint their own designs on the bread – don't let the bread get soggy!
  - \* toast the bread
  - \* spread with butter or leave plain

### Food

Spider Sandwiches (serves 12)

24 slices wheat bread  
1 cup creamy peanut butter  
24 raisins  
1 (6.5 oz.) package of cheese curls

1. Using a 2-1/2" round cookie cutter, cut a circle from each bread slice. (Save the bread scraps; grind finely in a blender; and use in recipes that call for bread crumbs!)
2. Spread about 2 tablespoons of peanut butter on half of the bread rounds; top with the remaining bread rounds.
3. Make 2 small indentations on top of the sandwiches for "eyes". Using peanut butter as "glue", push one raisin into each indentation.
4. Place each sandwich on a plate and arrange 8 cheese curls around each sandwich for "legs", inserting cheese curls between the bread rounds.

## Games

- \* Art Musical Chairs
  - \* set up chairs in musical chair-like fashion, one for each child
  - \* put a piece of paper on each chair
  - \* give each child a different colored marker
  - \* children move around the chairs to the music
  - \* when the music stops, they draw on that piece of paper
  - \* when the music starts again, they continue around the chairs
  - \* repeat

## Games

- \* Fruit Basket Upset
  - \* make a circle of chairs – one for each child; put one chair in the middle
  - \* have a set of cards with fruit on them – 3 with apples, 3 with bananas, etc.
  - \* pass out the cards to the children in the circle
  - \* the child in the middle begins telling a story; when he/she names a fruit, every child with that fruit and the storyteller has to find a different chair to sit in
  - \* whoever is left without a chair in the circle, sits in the center and continues with the story
  - \* if the storyteller calls out “fruit basket upset” everyone must find a new seat
  - \* can use colors or animals in place of fruit

## Games

- \* Message Hot Potato
  - \* wrap a prize in a piece of paper
  - \* on slightly larger pieces of paper, write commands (one to a page) such as, “say 5 rhyming words”, “run around the circle 2 times”, etc.; have one command for every child in the group
  - \* wrap the papers with the commands on the inside around the prize
  - \* have children sit in a circle
  - \* they pass the “hot potato” around until the music stops
  - \* whoever has the potato must peel off a command and do it
  - \* then continue passing the potato until everyone has had to follow a command (if someone has already had a turn, the potato is passed on to someone who hasn’t had a turn)
  - \* continue until someone opens the prize

### Products with Choice

- \* Bolt Dinosaurs (or whatever)
  - \* Need:
    - \* assorted hardware: nuts, screws, washers, nuts, bolts, etc.
    - \* hot-glue gun
  - \* Directions:
    - \* using the materials, glue them together to make a dinosaur or whatever creature you want
    - \* can be painted with acrylic paint

### Products with Choice

- \* Triangle Sculpture
  - \* Need:
    - \* box of straws (can be cut into 2 or 3" lengths)
    - \* scissors
    - \* lightweight fishing line
  - \* Directions:
    - \* cut fishing line into 12" lengths
    - \* make an equilateral triangle by threading the fishing line through three straws and tying it in a knot
    - \* thread a piece of line through one straw of the triangle. Knot ends together to make another triangle, leaving one end of the line long
    - \* add a straw to the long end of the line
    - \* tie the string to the center of the first triangle for a 3-D triangle
    - \* continue threading line and adding straws to form a structure

### Products with Choice

- \* Wire and Aluminum Foil Figures
  - \* Need:
    - \* florist's wire or some soft, bendable wire
    - \* aluminum foil – regular or colored
    - \* clay
  - \* Directions:
    - \* use the clay as a base
    - \* push a piece of the wire into the clay, then bend and twist to create a figure (animal, person, ??)
    - \* "dress" the figure with bits and pieces of aluminum foil

## **Products with Choice**

- \* Gravel Mosaics
  - \* Need:
    - \* large piece of cardboard (cereal box, gift box)
    - \* lots of gravel: washed, rinsed and dried
    - \* string or yarn
    - \* pencil, glue, scissors
  - \* Directions:
    - \* use the pencil to make a simple drawing on the cardboard
    - \* trace the outline with glue
    - \* press the string or yarn onto the glue line
    - \* paint the sections with glue and press the gravel onto it, filling the spaces

## **Products with Choice**

- \* Toothpick Tricks
  - \* Need:
    - \* toothpicks
    - \* miniature marshmallows or gumdrops
  - \* Directions:
    - \* create a structure using the toothpicks as "beams" and the marshmallows or gumdrops as "connectors"
    - \* suggestion: triangular shapes are strongest
    - \* may suggest ideas: create a home; create a play structure for children; etc.

## **Products with Structure**

- \* Stand-Up Ghost
  - \* Need:
    - \* white plastic-foam tray (meat tray or plates)
    - \* markers and/or scrap materials
  - \* Directions:
    - \* cut a ghost shape and 3" circle from the foam tray or plate
    - \* cut the circle in half; cut two slits in the bottom of the ghost and one on the curved edge of each half circle
    - \* decorate the ghost
    - \* fit the slits in the half circles into the slits in the ghost so it stands up

### Products with Structure

- \* "I Have a Dream" speech (create your own by filling in the blanks; give one to each child or a team of children)
  - \* I have a dream that one day this nation will \_\_\_\_\_
  - \* I have a dream that one day \_\_\_\_\_
  - \* I have a dream that one day \_\_\_\_\_
  - \* I have a dream that \_\_\_\_\_
  - \* *I have a dream today*
  - \* I have a dream that one day \_\_\_\_\_
  - \* *I have a dream today*
  - \* I have a dream that one day \_\_\_\_\_
  - \* This is my hope and faith. With this faith we will be able to \_\_\_\_\_
  - \_\_\_\_\_
  - \* This will be the day when \_\_\_\_\_

### Products with Structure

- \* American Flag
  - \* Need:
    - \* red, white and blue construction paper cut into strips 1" x 9"
    - \* glue
    - \* large sheet of paper
  - \* Directions:
    - \* make 13 rows of paper chains
      - \* 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, and 7<sup>th</sup> rows: 10 blue then 19 red
      - \* 2<sup>nd</sup>, 4<sup>th</sup>, and 6<sup>th</sup> rows: 10 blue then 19 white
      - \* 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> rows: 29 white
      - \* 9<sup>th</sup>, 11<sup>th</sup>, and 13<sup>th</sup> rows: 29 red
    - \* attach chains together by gluing each row together starting with row 1 through row 13
    - \* mount on large sheet of paper for support

### Problems to Solve

- \* Higher or Lower Number Game
  - \* list numbers 1-25 on a piece of paper or write-on board
  - \* children sit in front of writing surface
  - \* it is a guessing game – on a piece of paper you write a number between 1 and 25 and put it in your pocket; the children are to guess the number with as few guesses as possible
  - \* they may not ask if it is a particular number, but only if it is higher or lower (example: Is it higher than 12?); teacher may only answer yes or no
  - \* the strategy is to cut the column of numbers in half with each question to reduce the quantity of possible numbers

## Problems to Solve

- \* A Long Paper
  - \* give each child a piece of paper  $5\frac{1}{2}$ " x  $8\frac{1}{2}$ ", scissors and a piece of tape
  - \* each child may cut the paper anyway they want
  - \* when cutting is done (give 20 minutes or so), each child tapes his/her paper to the floor and at the same time, extends the paper
  - \* if the paper breaks, that is the distance scored