

FOODS WHICH DO NOT CONTRIBUTE TO THE CHILD AND ADULT CARE FOOD PROGRAM MEAL/SNACK REQUIREMENTS

The Child and Adult Care Food Program helps provide nutritious meals and snacks to children. It also provides children the opportunity to develop good food attitudes and desirable eating habits.

The foods listed below DO NOT CONTRIBUTE to the Child and Adult Care Food Program meal pattern requirements. The foods are listed in alphabetical order. The list is NOT all inclusive of non-creditable foods.

Baco-bits	Fruit rollups/snacks	Pickle relish
Bacon (except turkey and Canadian Bacon)	Fruit spreads	Pie crust, dessert at lunch & supper
Banana chips	Fudgsicles	Pigs feet
BBQ sauce	Gatorade	Popcorn
Candy	Gelatin	Popcorn cakes
Caramel corn	Goat milk	Popsicles
Carob	Half & Half	Pop Tart filling
Certified raw milk	Ham hocks	Pork skins
Cheese, imitation	Hawaiian Punch	Potato chips
Cheese powder in boxed macaroni & cheese	Hi-C	Pringles
Chestnuts	Home-canned foods	Pudding (except bread or rice)
Chili sauce	Honey	Pudding pops
Chitterlings	Hot chocolate (unless made with milk)	Punch
Chocolate bars	Ice cream and frozen yogurt	Salad dressing
Chocolate covered raisins	Iced tea	Seafood, imitation
Chocolate drink	Imitation milk	Sherbet
Coconut	Infant cereal made with fruit (commercial)	Shoe string potatoes
Cracker Jacks	Infant dinners and desserts (commercial)	Sizzlelean
Cranberry juice cocktail	Jam, jelly, preserves	Soft drinks
Cream	Jell-O (unless made with 100% juice or fruit)	Sour cream
Cream cheese	Ketchup	Soy milk
Cream soups	Kool-Aid	Syrup
Cream sauces	Lemonade	Tang
Custard	Low-iron infant formula	Tofu
Dairy substances	Marshmallows	Vitamite
Dairy whip	Molasses	Non-USDA Certified Wildgame/fowl/ non-commercial fish
Egg substitutes	Neck bones	Yogurt-covered raisins
Evaporated milk	Nectar	
Fiddle Faddle	Neufchatel cheese	
Five Alive	Non-fat dry milk	
Frosting	Nut or seed meal/flour	
Fruit drinks	Oxtails	
Fruit leather (commercial)		

* Use of a product name is not an endorsement but is used for clarity in this handout.

Most commercially prepared main dish products such as Ravioli, Beefaroni, meat potpies, frozen dinners, pizza, macaroni and cheese, etc., do not meet the meat/meat alternate requirements. There is no way to determine the amount of cooked, lean meat/meat alternate in commercially prepared entrees. These products may contribute toward the grains/breads requirement if the label states the product is made with enriched or whole grain flour, and the required portion size can be determined.

Commercially prepared main dish products that have a Child Nutrition (CN) Label may contribute to the meal pattern requirements. The Child Nutrition Labeling Program is operated by the United States Department of Agriculture. CN products are usually available from food wholesalers and are not found in local grocery stores.