



Kent Regional 4C
Your Community
Child Care Connection

Kent Regional 4C Classes January - March 2012

Classroom – Go to specific place and time
Online – On the internet
Correspondence – Through the mail

To Sign Up for a Kent Regional 4C Class

- If you are paying for a class by credit card, please call the office (616) 451-8281 x241. We accept Visa, MasterCard and Discover.
- If paying by check, money order or Kent Regional 4C CACFP vouchers write your name, address, phone number, email address, class title and dates on the form at the end of this class list and send it with your **nonrefundable** payment to:

Kent Regional 4C
Class Registration
233 East Fulton St Ste 107
Grand Rapids Michigan 49503-3262

All Kent Regional 4C classes meet training requirements for ...

- MI State Child Care Licensing
- CDA credential
- Accreditation through NAEYC or NAFCC
- Tier 2 training for DHS Relatives & Aides

Some free training may be found by checking the “Clearinghouse” section of our website. Visit www.4Cchildcare.org and click on “training” and then “Clearinghouse”.

Want to be an **Infant Toddler Lead teacher** in a child care center? We have 4.5 CEU's of training that you can complete through the mail.
See blue shading.

We offer **CPR, First Aid and Blood Borne Pathogens!**
See pink shading

CDA (Child Development Associate) Credential Classes

See page 4 – classes are shaded green.
Anyone can take these classes for training hours.

Many of our classes offer CEUs.

Check our website **OFTEN** for updates to our class schedule
www.4Cchildcare.org

Online – On the internet

Kent Regional 4C has **2-hour classes** that you can take online at any time. You must complete the class within one month of the date you register. You must have an email address and internet access.

Each 2-hour class costs \$30.00.

2 hour Topics include:

NEW February 1st – Oral Health

Ensuring a lifetime of healthy teeth starts early. Discover ways to support and promote oral health in the child care setting. This class will help you implement a tooth brush routine, explore activities and behaviors that encourage and promote oral health and prevent tooth decay for all ages, and identify ways you can partner with parents about the importance of oral health.

Ages & Stage Questionnaire (ASQ)

Learn how and why to use the Ages and Stages Questionnaire (ASQ), a developmental screening tool, in your child care program. Educate and support parents as they learn about their child and how he/she develops.

Biting Prevention

Sometimes children bite! Learn what is behind this behavior and how you can best manage it.

Blood Borne Pathogens

Learn how to use universal precautions for safety. This class meets the licensing requirement.

Brown Bear and Beyond...

Explore ways to bring the words and art of Eric Carle alive in your program!

Caring for a Child with Autism

This class is designed to help you care for a child who has already been diagnosed with Autism or Asperger Syndrome or something else on the Autism Spectrum of Disorders (ASD).

Learning in Motion

Learn several fun and easy ideas that also help children learn skills they need to be ready for school and that help keep their bodies physically fit. The importance of helping children develop motor and movement skills will also be reviewed.

Mad Feelings

How can we help children understand and handle their feelings of anger? Discover ways to teach children this important self-control skill.

Moving to Math

Children will learn when you use these easy, active and fun math lessons. This class includes information about engaging activities, how to make and use simple materials, and other ideas to help teach young children basic pre-math skills.

Music in Child Care

Learn why music is such an important teaching tool and gain some strategies for using it every day.

No Fuss Feeding

Learn the science behind why some children are picky eaters and discover ways you can help picky eaters. This class also covers nutrition tips and tricks and ways to make mealtime a more pleasant experience.

Stress Busters

When you identify and reduce stress in your life, then you will be able to help prevent stress in your child care program.

Sudden Infant Death Syndrome (SIDS)/Shaken Baby Syndrome (SBS) Prevention

Learn ways to prevent Sudden Infant Death Syndrome (SIDS) and Shaken Baby Syndrome (SBS). Meets Michigan Child Care Licensing requirements.

Teaching Children to Solve Problems

Learn effective strategies for solving conflict. Teach and empower children to use this technique and reduce troublesome behavior.

Toilet Learning 101

Learn to recognize the signs of readiness, to develop techniques for helping the child be successful, and to work with parents on this important developmental milestone.

Register SOON!

Kent Regional 4C 38th Annual Early Childhood
Conference

Saturday, January 28, 2012

Crowne Plaza – 5700 28th Street SE, Grand Rapids MI

IT ALL ADDS UP TO EXCELLENCE!

Visit www.4Cchildcare.org for registration form.

Correspondence – Through the mail: You will be reading and writing

2-hour Correspondence Class

Blood Borne Pathogens

Learn how to use universal precautions for safety. Sign up anytime and complete within one month. This class meets the licensing requirement.

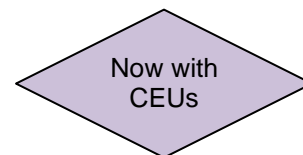
Class costs \$30.00.

5-hour Correspondence Classes:

Kent Regional 4C offers **5-hour** classes that you can take through the mail at any time. You must complete the class within **one month** of registering in order to receive credit.

Each 5-hour class costs \$75.00.

Each class is available for .5 CEUs for an additional fee of \$10.00.



5-hour Topics:

NEW February 1st – Let's Move!

You can make a difference! Discover how you can impact a child's lifetime health, just by helping develop good habits in eating and exercise. Five Goals for a Healthier Future, including information about how to support breastfeeding in your child care program.

Every Child is Intelligent

We are all smart! Learn to recognize and support the natural intelligence of all your children (and yourself.)

Playful Literacy and You!

Literacy is so much more than reciting the ABC's. Discover all the pieces of literacy and explore activities that you can use with children birth through age five.

Simple Science

What does science for preschoolers look like? Do you have to know a lot? Discover simple and effective ways to introduce young children to science topics.

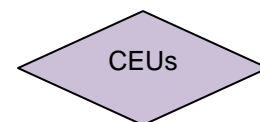
Supporting Diversity in Child Care Programs

Find out how to help the children in your care find their roots, grow wings, and take flight. Multi cultural activities will be shared.

15-hour Correspondence Classes

Each 15-hour class costs \$225.00. 1.5 CEUs are available for an additional fee of \$10. A payment plan may be available. For details, call Kathie at 616-451-8281 x241.

Register by January 3, 2012. Classes begin January 9 and end March 26, 2012



Early Childhood Program Administration Part 1

This class will guide child care center directors in their administrative work. We look at the foundation of an effective program, personnel, and daily operations. This class will meet licensing requirements for center directors.

Early Childhood Program Administration Part 2

Participants must have completed ECP Admin 1 before taking ECP Admin 2

Learn about the business and financial management of a program, partnering with families, and professionalism. This class will meet licensing requirements for center directors.

Infant Toddler Care Part 1 - The Foundation of Care

This is a class for people who want to be lead teachers in an infant toddler room or who care for infants and toddlers in a home. Explore what makes a good infant toddler program. Discover how children grow and develop birth to 3 years old.

Infant Toddler Care Part 2 - The Environment and People

Explore the components of a good place for infants, toddlers and adults. Learn strategies to effectively work as a team with parents. *This class can be taken after Infant Toddler Care Part 1 or Infant Toddler Part A or Infant Toddler Foundations.*

Infant Toddler Care Part 3 – Guidance and Learning

Learn effective methods of guiding infant toddler behavior. Explore teaching methods and learning development of very young children. *This class can be taken after Infant Toddler Care Part 1 or Infant Toddler Part A or Infant Toddler Foundations.*

16-hour Correspondence Class - Inclusive Child Care Part 2

You must have completed Inclusive Child Care 1 to take this class. You will need your book from Part 1. If you need to purchase a book from Kent Regional 4C, it will cost \$25. This class discusses how the preschool environment supports children's play; learning styles and physical attributes of all children; and planning and teaching to meet everyone's needs.

This costs \$240.00. 1.6 CEUs are available for an additional fee of \$10. A payment plan may be available. For details, call Kathie at 616-451-8281 x241. Register by January 3, 2012. Class begins January 9 and ends March 26, 2012.

Classroom Classes held at the Kent Regional 4C Office

Kent Regional 4C may cancel a class due to weather. Call 616-451-8281 x 213 to find out about **class cancellations due to weather.**

These classes are subsidized by Heart of West Michigan United Way

CDA Class Topic: Promoting Cognitive and Physical Development

Tuesdays, February 7, 14, 21, 28; 6:30 – 9:30 pm

Hours = 12 CDA Subject Area = #2

Besides getting bigger physically, children develop control over their bodies, better coordination, and a sense of personal space. Children acquire knowledge and develop thinking and reasoning skills. This class covers what skills to look for, teach, and encourage in young children for healthy development.

Cost is \$144.00

1.2 CEUs are available for an additional \$10

Register by 1-31-12

CDA Class Topic: Promoting Social / Emotional Development

Tuesdays, March 6, 13, 20, 27; 6:30 – 9:30 pm

Hours = 12 CDA Subject Area = #3

Through their interactions with the other people in their lives, children acquire a sense of themselves – confidence, esteem, control. Children learn to get along with others by being taught social skills and by practicing them. This class covers what we as early childhood professionals need to do and say to promote healthy development.

Cost is \$144.00

1.2 CEUs are available for an additional \$10

Register by 2-28-12

Healthy Homes for Kids

Thursday, March 15; 6:30 - 8:00 pm

Participants will become familiar with the basic concepts of providing a healthy indoor environment for children. The workshop will cover an overview of the toxins of concern, seven principles for providing healthy indoor environments, how these issues relate to child care licensing requirements, and resources for action. 1.5 hours of training

Cost is \$18

Register by 3-8-12

CPR Classes held at the Kent Regional 4C Office

CPR classes - CPR classes cost \$40.00.

Each class covers American Heart Association child, infant and adult CPR, and child and adult AED. This class meets the Michigan Child Care Licensing requirements. Hands-on skills practice.

- Saturday, January 14; Noon-2:30pm - FULL
- Wednesday, January 18; 6:30-9:00pm
- Wednesday, February 1; 6:30-9:00pm
- Saturday, February 11; Noon-2:30pm
- Thursday, February 23; 6:30-9:00pm

- Wednesday, March 7; 6:30-9:00pm
- Saturday, March 10; noon-2:30pm
- Wednesday, March 21; 6:30-9:00pm

First Aid classes - First Aid classes cost \$30. American Heart Association First Aid course covers basic first aid for medical, injury, and environmental emergencies. This class meets the Michigan Child Care Licensing requirements. Hands-on skills practice.

- Saturday, January 14; 9:00-11:30am
- Saturday, February 11; 9:00-11:30am

- Saturday, March 10; 9:00-11:30am

Kent Regional 4C can bring CPR and First Aid to your site! We can also arrange a class held in our office just for your staff. If you have a center or a support group that would like CPR and First Aid for a minimum of 6 people, call Jennifer at 616-451-8281 x213. We need at least one month notice in order to schedule a class.

Class Policies:

- Registrations are taken on a first-come, first-served basis.
- Students must pre-register and prepay a minimum of **one week** before each class.
- There are no refunds due to non-attendance.
- Kent Regional 4C does not provide child care for our classes. Children are not permitted to attend our classes.
- Kent Regional 4C may cancel a class due to weather. Call 616-451-8281 x 213 to find out about **class cancellations due to weather**.
- Kent Regional 4C may cancel a class due to low registration. If this happens, registrants will be called and may register for another workshop or receive a refund. Refunds for credit card payments are by check.
- Certificates are only given upon class completion.

To Sign Up for a Kent Regional 4C Class

If you are paying for a class by credit card, please call the office (616) 451-8281 x241. We accept Visa, MasterCard and Discover.

If paying by check, money order or Kent Regional 4C CACFP vouchers, fill out the form below and send it with your payment to:

Kent Regional 4C
Class Registration
233 East Fulton St Ste 107
Grand Rapids Michigan 49503-3262

KENT REGIONAL 4C TRAINING REGISTRATION FORM

Name: _____

Address: _____

City: _____ State: MI Zip Code: _____

E-mail address: _____

Home Phone: (____) _____ Work Phone: (____) _____

Cell Phone: (____) _____ County _____

Worksite: _____

Class Title: _____

Class Dates: _____

How did you hear about our training? _____